

Recipe Submission Instructions:

- Type or print clearly in ink, not pencil, and place only one (1) recipe per form.
- If more room is needed, use another sheet of the same size and staple together.
- You may attach photocopied recipes or print outs from your computer. **However, recipes should follow the format guidelines below for consistency in our book.** Please attach these to a recipe submission form and please use 8-1/2 X 11 inch paper. Attach only one recipe per submission form and please fill out the category, recipe title and submitted by areas. Return your submitted recipes to the box in the community room at St. Anne. We are targeting March 14th as our first deadline.
- You may e-mail recipes to the following address: betty@gourmetbetty.com . When you e-mail a recipe, please make sure to put the following in the **subject line** of your e-mail: J2A RECIPE: CATEGORY: RECIPE TITLE; (i.e. J2A RECIPE: Appetizer: Bean Dip). Please also include the recipe title and your name on the actual recipe body that you e-mail. **E-mailed recipes should follow the format guidelines below for consistency in our book.**
- List all ingredients in order of use in ingredients list and directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Keep directions in paragraph form—not in steps.
- Use names of ingredients in the directions e.g., "Combine flour and sugar." **DO NOT** use statements like, "Combine the first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- We will include "Recipe Notes" e.g. "My kids's favorite" or "A traditional recipe from my grandma"—please include these at the bottom of the recipe.
- Be consistent with the spelling of your name for each recipe you contribute.
- Your recipes should fit into the following categories:
 - **Appetizers and Beverages**
 - **Soups and Salads**
 - **Vegetables and Side Dishes**
 - **Main Dishes (this is where we would also include breakfast/brunch recipes)**
 - **Breads and Rolls**
 - **Desserts**
 - **Cookies and Candy**
 - **This & That**
- **THANK YOU FOR SHARING YOUR RECIPES!**